

News Notes

Town Hall meeting – The 15th Airlift Wing is hosting a town hall meeting Monday and Tuesday at 7 p.m. in the Memorial Theater. The privatized housing manger, security forces, legal office, services and others will speak. All housing residents are encouraged to attend.

Thrift shop open – The Hickam Thrift Shop is open Saturday from 9 a.m. to 1 p.m. and is taking consignments from 9 to 11 a.m. The shop is normally open Mondays, Wednesdays and Fridays from 9 a.m. to 1 p.m. and Wednesdays from 5 to 8 p.m.

Road closure – The inter-sections of Mamala Bay Drive and Worchester Avenue and Mamala Bay Drive and Nelson Avenue in the Fort Kamehameha area will be closed July 11 to 15 from 7 a.m. to 3:30 p.m. for installation of new water lines. A detour has been set up to route traffic around the construction sites on Gazebo Road and Harbor Drive.

Air War College – The Air War College nonresident program is soliciting eligible officers and federal employees for the seminar program. Interested people should enroll online at <http://www.au.af.mil/au.awc/awc-ns.htm>. For more information, contact the education office at 449-0920.

Heartlink – New Air Force spouses are invited to participate in the next Heart Link workshop July 22 from

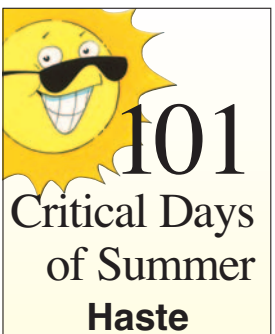
See NEWS NOTES, A8

In this week's Kukini



Beach Blast huge success B1

Around the Air Force	A6
Classifieds	B7-B12
Crossword	B2
Movies	B2
Perspective	A2
Services	A7
Sports	B5



101 Critical Days of Summer Haste

Following safe work habits may take time, but omitting them will reduce your life time.



Photos by Dennis Kinsman

Team Hickam meets C-17

(Above) Alexander Burk, son of Senior Master Sgt. Rick Burk, Headquarters Pacific Air Forces, sits in the cockpit of the C-17 Sunday. (Right) The C-17 from Washington was on display for all Team Hickam members to tour Sunday afternoon. Members were able to sit in the cockpit and see the inside of the cargo area.



Tamayo named one of 12 OAY

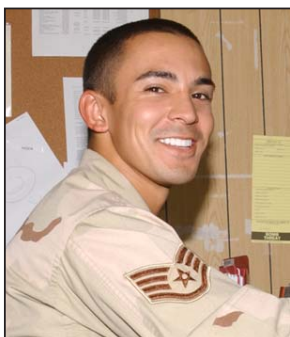
By Master Sgt. Cheryl Toner
380th Air Expeditionary Wing Public Affairs

Staff Sgt. Scott Tamayo, one of the 2004 U.S. Air Force Outstanding Airmen of the Year, may be accustomed to being one of the crowd, but standing out is also something he often does.

Sergeant Tamayo, a contract administrator deployed from the 15th Contracting Squadron, has taken full advantage of his mere four years in the Air Force.

As the oldest of eight children, Sergeant Tamayo said he was given "a lot of responsibility at an early age" and had to "grow up a little faster." This, he said, has helped him rack up numerous accomplishments in the Air Force.

He said he was "very surprised" when he was told he earned 12 OAY honors in the airman category. However, with the following track record, nobody



should be surprised. Sergeant Tamayo was an honor graduate right out of basic training, a top graduate from the contracting apprentice course, and was promoted to senior airman below-the-zone.

His motivation did not wane during the two years he was at Dyess Air Force Base, Texas. He finished his Community College of the Air Force degree in contract management, began work on a bachelor's degree, and juggled his military obligations with being married to his high school sweetheart, he earned Air Combat Com-

See OAY, A8

Airman's Attic not base dumping ground

Shop looks to stop unauthorized drop offs, seeks volunteers to stay open longer

By Tech. Sgt. Andrew Leonhard
15th Airlift Wing Public Affairs

One man's trash is another man's treasure – but some things are just trash for the Airman's Attic and should be disposed of properly.

In an unsightly and not-so-good trend, too many base residents are leaving behind old barbecue propane bottles, broken furniture and non-working items – all items the Airman's Attic does not accept. Some of these items, according to the attic's president, could have negative consequences to the base.

"If certain items are not disposed of properly, (such as opened oil containers and propane tanks) the base can be fined," said Master Sgt. Jennifer Anderson. "We are finding these items being placed in front of our facility and we in turn have to scramble to dispose of them legally."

Some of the items being left are gasoline containers, lawn mowers, grills and

coordinator for Hoala.

Staff Sgt. Betty Squatrito-Martin
15th Airlift Wing Public Affairs

Excess computer equipment became available as the 15th Communications Squadron upgraded their computer systems, and Hoala School was the recipient of excess equipment because of executive order 12999, signed by former President Bill Clinton.

The executive order makes it easier for schools and non-profit organizations to receive equipment declared as excess or surplus by federal organizations, said Ron Garcia, base equipment control officer.

According to the press release by the White House Office of the Press Secretary dated April 17, 1996, "schools" are defined as individual public or private education institutions encompassing pre-kindergarten through 12th grade, as well as public school districts. In addition, the community based educational organizations have to be non-profit entities.

Hoala is a non-profit character education based kindergarten through 12th grade school.

The school's intention is, in most cases, to replace their existing computers with the computers donated by Team Hickam.

"The average age of Hoala's existing equipment is about 8 years old," said Brad Freeman, technology

"The computer equipment is an incredible gift to the school, it will allow us to modernize our facilities and enhance the education of our students," said Nancy Barry school principal.

According to Austin Nakamura, a former Hoala student, the computers will help a lot because there will be an ample number of computers for everyone to be able to do their work.

"They will be very useful because the computers we have are getting old and crash a lot," said Walter Mascaro, a junior at Hoala School.

The school will not only be able to upgrade their computer lab, it will be able to add computers to each classroom. "We will be able to expand our computer infrastructure in to the classroom by 100 percent," said Freeman.

"Having them in individual classrooms will be better," said Kyle Chickazawa, a Hoala sophomore. "Instead of having to write-up computer forms for tech lab use, we'll just be able to stay in the classroom and work."

The computer equipment is being delivered and several 15CS members have volunteered to install and wire the computers for Hoala School.

"We are fortunate to have people and organizations like Team Hickam and the members of the 15th Communications Squadron who are out there looking out for our well being," said Ms. Barry.

The Airmen's Attic accepts the following donations: Clothing, shoes, books, house wares, toys, furniture, computers, printers, stereo equipment, outdoor furniture, workout equipment and cameras.

hazardous materials like oil that is opened; items that are torn, worn, broken and stained (like a CD player that does not play). Other items the attic will not accept are used undergarments, used pillows and hats, broken items, large household appliances, tires, household garbage and hazardous materials. All items which do not fall in line with the attic's mission.

"The purpose of the Airman's Attic is to improve the morale and welfare of eligible, active-duty Air Force personnel and their dependents, stationed in Hawaii, by providing them with donations of household items, clothing, and toys," said Sergeant Anderson, who has worked there for 10 months.

Hickam Airman's Attic is open to all active-duty Air Force members and dependents who are E-5 and below. The organization is an independent organization that is run by volunteers - a resource the attic is becoming thin.

"We are losing 75 percent of our per-

See ATTIC, A8

Let's keep Hickam looking sharp

By Col. Bill “Goose” Changose
15th Airlift Wing commander

Hickam is arguably the Air Force's most historic base, and there is no doubt that it is the nicest looking base in the Pacific. When you put these two factors together you realize that Hickam is more than just a great place to work and live, it truly is a base that, by virtue of its appearance, can have a far-reaching impact.

It's no surprise that each week we have dignitaries, military and civilian, arrive from around the globe. For many of them this is their first introduction to the Air Force way of life. When they get off the plane, or drive through the gate, the impression they get will shape how they view the Air Force. While it's true that what we do for national defense goes far beyond how our base looks, there's nothing like making a good first impression. So as a result, I need your help.

In some cases I just need you to call our 15th Civil Engineering Squadron when you see something broken; their help desk number is 449-9951/9952. In other cases I need you to keep the area around your home or work center clean and looking good.

Where we're having our biggest challenge right now is the area around the BX and com-



Photo by Mike Dey

Col. Bill “Goose” Changose, 15th Airlift Wing commander, speaks July 1 during the opening ceremony of the new tennis courts built behind the fitness center.

missary. Unfortunately it's too common to see small pieces of trash on the ground or shopping carts strewn around the parking lot and sidewalks. A majority of shoppers take the time to either return their carts to the store or put them in the shopping cart return area in the parking lot area, but there are some who

just “don't get it.” They leave their carts all over the place and don't put their trash where it belongs. As a result, we are left with a shopping area that isn't as good as you deserve.

What I'm asking of Team Hickam is to take the same pride in the common-use areas as you do at home or in the work area. If you

see a piece of paper blowing past you please pick it up and put it in the trash. If you're at the shopping area and you see a lone cart in the middle of the parking lot please bring it into the store. If we all just keep our eyes open and extend just a little effort it will go a long way toward keeping Hickam the best base in the Air Force.

I want to thank the **15th Services Squadron** for an outstanding 4th of July weekend. Every event, whether it was the inaugural tennis tournament, the cardboard boat race, or the fireworks on Foster's point, was absolutely first class! There were other units who made it a spectacular weekend, the **Air Force Band of the Pacific**, the **15th Security Forces Squadron**, and the **15th Communications Squadron** just to name a few. To all of you who helped and especially to the Team Hickam members who participated, thanks a lot!

Congratulations to Team Hickam body builders **Keith Myers, Chief Master Sgt. Tommy Spikes, David Baptista and Capt Michael Egbalic**. They each participated and won awards at the 2005 Hawaiian Isles Bodybuilding Championships.

Sky Warriors, have a great weekend and please be safe.

It's a honor to wear Air Force uniform

By Col. Brett Wyrick
Hawaii Air National Guard

I am a traditional Guardsman in the Hawaii Air National Guard, and I serve one weekend a month, and two weeks a year – usually.

Last summer I volunteered for service in Operation Iraqi Freedom. I could no longer sit by and watch the war on the evening news from the comfort of my living room couch, and I felt duty-bound to do what I could for the war effort.

My colleagues in private practice questioned the financial wisdom of volunteering for a full 120-day rotation, but my response to them was standard, “How much would it cost all of us to lose the war?” Although I had served in several previous contingency operations – Provide Comfort, Joint Forge, Noble Eagle, and

Enduring Freedom, it required a waiver for me to be assigned to an AEF because of my rank. Once this was accomplished, I was assigned as a trauma surgeon to the Air Force Theater Hospital at Balad Air Base, Iraq. I am now safely back in Hawaii, and I have learned something about war, and the Air Force.

First of all, I now have a much better appreciation for why things are done the way they are done in the Air Force – things are done this way to keep people alive. Most of the Air Force training I have received was necessary in the first hour on the ground at Balad in order to stay alive. We came under fire almost immediately after touching down, and many things became crystal clear after the first mortar round exploded. I now understand why Operational Readiness Inspections are so difficult

and long, and I now understand why we practice Ability To Survive and Operate over and over again. It was second nature to me in the darkness, cold, and fear.

More importantly, it was second nature to everyone around me. Whether they were from Mountain Home or Keesler, whether they were active duty, Guard or Reserve, and whether they were on their first or sixth deployment – everyone there had been trained to the same standards, and we were all on the same sheet of music. There was no room for error, and no errors were made. When it comes to training, the Air Force does a pretty fine job of it.

Secondly, I now understand why matters of integrity and character are so important in the Air Force. Mission success is dependent on teamwork, whether your team succeeds

or fails in its assigned mission depends on the individual character of each member of the team. The entire time I was in Iraq, there was never a question of whether an order would be followed, or the best effort would be put forth – whether I was the superior officer or the subordinate, every member of the team did the best job possible each and every time. There was never a question of follow through because of the high standards of character and integrity found at all levels of the Air Force.

And just a word about physical fitness – combat is physically and emotionally demanding, and if you are not fit, you are likely to become a casualty. On the flight line, in the office, command post, or bunker, it is difficult to operate in 125 degree heat with body armor for long periods of time. If

you become a casualty from a back or knee injury, you are a loss to your team just the same as if you were wounded by enemy fire. Endurance and stamina are required no matter what your job is in the combat zone. Take your fitness training seriously.

Every Airman can take pride in the outstanding job that your fellow Air Force members are doing in Iraq. Train well, and do so with the confidence of knowing that the hard work is paying great dividends and keeping our people alive. Understand you are of the highest moral fiber our country has to offer, and never forget that you are an unstoppable team in the service of the greatest nation on earth.

I wish you the best, and it is an honor for me wear the same uniform with the men and women of the United States Air Force.

Hickam Diamond Tips



BDU Wear:

You may not wear your BDUs in any off-base establishment that operates primarily to serve alcohol. You may not wear your BDUs to eat lunch in a restaurant where people wear business attire. You may wear your BDUs to make short convenience stops, such as in shopping malls.

(Source: AFI 36 2903)
Questions? Contact your First Sergeant

Action Line

The purpose of the Action Line is in its name. It's your direct link to me so we can work as a team to make Hickam a better community.

It also allows you to recognize individuals who go above and beyond in their duties – and we all know there are plenty of those folks here.

All members of Team Hickam are welcome to use the Action Line; however, I urge you to give the normal chain of command the first chance at resolving problems or issues. It's only fair to give our commanders and managers the first opportunity to work issues under their responsibility.

If you have done this and are still not satisfied, give my commander's Action Line a call.

If you would like me to get back to you, leave your name and number, state your issue, tell me who you have talked to and

why you were not satisfied with their response. I'll work your issue and respond verbally or in writing.

The Action Line number is 449-2996. Messages may also be sent by e-mail to 15aw.pal@hickam.af.mil.

Child supervision policy

Comment: First, welcome to Hickam, it's a great community in which to live, work and play. Request you review the policy on Hickam Child Supervision, which is fairly new, Jan. 12, signed by Col. Torres. I believe the policy creates a situation for 16-17 year olds that was unintended, and from my perspective, undesired. The effect of the policy in paragraph seven of the letter is that kids of that age group cannot go to the bowling alley, movie, Burger King or other similar base

recreational or public facilities after 2200.

In my son's case, he and his friends now have to go off-base, where as in the past, I had the option to require that he stay on-base after 10 p.m. He actually preferred to stay on base with his friends, I think he felt more secure. He operated under the previous policy for more than a year, since his 16th birthday without any significant problems.

Also, in rereading the policy (para 6.) it seems strange that 10 to 15 year olds "have no restriction on whereabouts between hours of 6 a.m. and 10 p.m." There is a significant difference between these age groups (i.e. 16 to 17 year olds have driver's licenses), but effectively have the same curfew restrictions. I believe the 16 to 17 year old age group has been unfairly targeted with this policy. Not only that, it forces kids to find recreational activities off-base, when as a parent, I would prefer

my son to be on-base during those times.

Response: The Hickam Child Supervision Policy is intended to provide both guidance for families and adequate levels of supervision for children of Team Hickam. Due to a rash of juvenile related incidents last summer and fall, the policy was amended to include the older children. In response to your request, my staff has taken another look at the policy and security forces on-base incident statistics for the past two years.

Based on this reassessment, I have modified the policy to allow children between the ages of 16 to 18 to be unsupervised at and travel to/from AAFES and services facilities until midnight when those facilities are open for business. Hopefully, this will allow more freedom for our teens while still providing a safe and secure environment for all the people who live and work at Hickam.

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Deadline for copy is noon Thursday for the following Friday's issue. Copy must be typed, double-spaced 12-point type, 300 - 500 words in length, and e-mailed to hickam.kukini@hickam.af.mil.

Crisis Response lines

Hickam Family Support Center
449-0300
Life Skills Support Center
449-0175
Law Enforcement Desk
449-6373
Base Chaplain
449-1754
Military Family Abuse Shelter
533-7125
SARC Hotline
449-7272

Hickam Voices

Why do you choose to wear the Air Force uniform?



Because I am proud to serve my country.

Master Sgt. Steve Felton
186th Air Reserve Wing



Because I feel proud to wear it everyday.

Staff Sgt. Shannon McDonald
Pacific Air Forces



Patriotism. I wanted to do something different than everyone else because all of my friends went to college.

Senior Airman Regina Morotto
56th Air Communications Squadron



I joined because of a friend but now the benefits are great and I love to support my country.

Airman 1st Class Valerie Lewis
15th Medical Group



Because when you come from a place like Lithuania, it is an honor to serve with our allied American Air Force.

Cadet Vidas Sinica
Air Force Academy

Next week's question:

July 15: What does it mean to be a true leader?

To respond to this question, send an email to hickam.kukini@hickam.af.mil with a response and phone number to contact you.

Communications flight links AEG with outside world

By Master Sgt. Rich Romero

40th Air Expeditionary Group
Public Affairs

OPERATION ENDURING FREEDOM – Without people like Staff Sgts. Karisa Szczygiel and Senior Airman Keith Hopson, life at this forward operating location would be lonely and quiet. Not even the roar of jet engines would be heard.

Morale and mission accomplishment certainly would be severely degraded if not downright nonexistent. The two NCOs are part of a 17-person communications flight overseeing the bulk of the computer network and telephone operations for the 40th Air Expeditionary Group.

The largest section of the flight operates the network control center, where six technicians maintain and troubleshoot the vast majority of the Air Force small computer and computer network capability. It's a seemingly overwhelming task considering the NCC at Hickam Air Force Base, Hawaii, where more than half of the technicians here deployed from, have more than 60 people.

"It (NCC, which includes the help desk) requires a broader knowledge base of different communications functions," said Airman



Courtesy photo

Staff Sgt. Nancy Leverich, ground radio craftsman deployed from Hickam, works on radio equipment at a forward-deployed location.

Hopson, a help desk technician on his first deployment. "At home station, we're more specialized in one particular area; whereas here, we're a

jack-of-all trades."

Airman Hopson is referring to the core services of network communications, which involves operating, maintain-

ing and troubleshooting 20-plus servers, three separate networks, 600 client computers and peripherals such as scanners, printers, routers and switches-for starters.

One of the daunting tasks the group faced right after hitting the ground, about a month ago, was to remove and create user accounts for roughly 800 people-those who rotated out and those who rotated in.

"Most of our workload, at least the single busiest time, comes at the beginning of an (Air Expeditionary Force) rotation," said Sergeant Szczygiel, help desk NCOIC, who is also on her first deployment. "We have to establish and remove user accounts, rights and permissions on their work stations."

They also get wrapped up out of their traditional element by assisting people learning new software. Two examples stick vividly in Airman Hopson's head.

"Section-specific software issues are the toughest," said the Hickam-based airman. "Supply and medical databases took a lot of time to troubleshoot because you have to literally learn the software yourself first. I spent two solid days on the medical database alone."

However, they aren't alone

See AEG, A8

Talk about us, but not without us

By Master Sgt. Rich Romero

40th Air Expeditionary Group
Public Affairs

OPERATION ENDURING FREEDOM – Some mottos ring so true, such as that of the ground radio shop—"You can talk about us, but you can't talk without us."

The eight-person shop within the 40th Air Expeditionary Group Communications Flight is responsible for tracking, maintaining and programming more than 360 hand-held radios, 299 pagers, a public address system, Giant Voice, about 15 television services and 200 phones for Air Force opera-

tions at this forward deployed location.

But they have some help. The U.S. Navy, Pacific Air Forces members and contractors assist by maintaining the UHF air-to-ground radios, incoming and outgoing phone calls, morale calls, paging service, and television equipment and tools.

"Not only is telephone service expensive here, but because of the local contract for morale calls, DSN is not authorized as a morale tool as in most deployed locations," said Staff Sgt. Nancy Leverich, ground radio craftsman, deployed from Hickam Air Force Base, Hawaii. "That's why the policy is so strict on DSN usage

only for official use."

A common problem that faces many shops here is the heat and humidity, and ground radio is no exception.

"To prevent corrosion, TV cables and antennas have to be cleaned constantly," she said. "Telephone lines are frequently monitored and changed when the humidity causes weak signals."

Then there's the heat.

"It can take me up to five hours on a vehicle radio install--what should be an hour and a half job--because of heat stress and sweating," Sergeant Leverich said. "Twenty-four volts just isn't funny when it's going down your spinal column."

One troublesome area not

attributed to environmental conditions concerns telephone service.

"When customers leave their phones off the hook for more than one minute, the operator at the switch will disconnect the line," said Senior Airman Mike Anderson, a computer network cryptographic switching systems journeyman. "The Navy switchboard, in turn, has to be called to have the line turned back on." He is deployed here from the 171st Air Refueling Wing in Pittsburgh, Pa.

Next time someone decides to thumb COMM in the eye, they just might be cutting off their own voice to the outside world.

Hickam Vet Clinic offers necessary tools for family pets



Photo by Christina Failma

Army Capt. Mark Chappell
Central Pacific District
Veterinary Command

Owning a pet is an exciting and rewarding adventure. For most of us, our pet is looked upon as a family member.

The Hickam Veterinary Clinic staff is here to assist pet owners with the care and well being of their pets and provide them with the tools and information necessary to care for their pets.

Two such tools include microchipping and registering a pet if it resides on Hickam. An important part of pet ownership is knowing where the pet is. How-

Army Capt. Mark Chappell, Hickam Veterinarian, implants a microchip in a cat Tuesday. The clinic offers a variety of services including implanting the mandatory microchip.

ever, even the most guarded pet may at times escape and become lost or injured. In the past, people relied solely on an identification collar or tattoo to reunite a pet with its owner. Although these methods are still used, the collar can easily be removed or lost and a tattoo can fade.

The solution: a small microchip that is implanted between the shoulder blades of a pet using a needle, similar to that of a standard vaccine, which is easily scanned and recognized by most veterinary clinics, the Humane Society and other animal care organizations. This method of identifying a pet is permanent, and will never wear out and can reunite a pet with its owner.

Each chip is assigned a unique bar code (a series of numbers and letters) that links the animal to its owner that is maintained in a

national database as well as at the Hickam clinic. If a pet has the chip, the unique code will allow the clinic staff to reunite a pet with its owner.

The process takes just moments and is virtually painless. Microchips are available at the Hickam Vet Clinic at a cost of \$15 per animal. This is a small price to pay for a little peace of mind. Not only that, it is a requirement for all cats and dogs residing on Hickam to receive a microchip.

The other tool is registering a pet at the base clinic. Any animal residing on Hickam must be registered at the Hickam Veterinary Clinic within 10 days of arriving or getting a new pet.

The process is simple. During the registration process, the owner may be required to make an appointment for further

vaccines (such as Rabies) or for an evaluation by the veterinarian. This is another tool that can be used to help reunite a pet with its owner. If a pet is registered here and is microchipped, many times the pet can be reunited with its owner much quicker.

Finally, all dogs living on or off Hickam must also register and be licensed with the City and County of Honolulu. Owners can do this at any Satellite City Hall. The current cost is \$28.50 for intact males and females and \$10 if the dog has been neutered or spayed. Cats are not required to register with the City and County of Honolulu or be licensed.

For more information on microchipping a pet, to register a pet or to make an appointment, call the Hickam Veterinary Clinic at 449-6481.

Hot weather calls for food safety tips

By Kay Blakley
DeCA Europe consumer advocate

No matter where you're stationed, it's a pretty good bet your weather is about as hot as a fire-cracker by now. It's the time of year for lazy days at the beach or pool, complete with a picnic basket of goodies, or backyard cook-outs with friends and family.

If you'd rather not be remembered as the host who had to serve alka-seltzer cocktails a couple of hours after the hamburgers and hot dogs, then it's also the right time to review a few food safety basics.

Knowing how to prepare, handle and store food properly is important all year long, but soaring summer temperatures kick spoilage actions into high gear. Under normal circumstances, for example, the rule of thumb for safely allowing foods to remain at room temperature while the meal is being served and consumed is two hours. At temperatures above 90 degrees Fahrenheit it's only one hour. That's why it's important to know summer food safety rules and apply them properly.

Keep it clean. Wash hands with soap and water often while you're handling food, and do the same for any surfaces in which the food will come into contact. On a pic-

nic, take along paper towels and hand sanitizer or a spray bottle filled with soapy water to accomplish the task. Don't forget to give fresh fruits and vegetables a bath, too. Do it just before you're ready to use them, and don't use soap. Just rinse them good under cold running water, scrubbing briskly with your hands or a soft brush, then dry well with paper towels. Even produce such as cantaloupe and watermelon-with a rind that you don't intend to eat-need this same washing routine to prevent any harmful organisms from contaminating the fruit's flesh when sliced open with a knife.

Separate so you don't contaminate. This caution starts in the cart at the commissary and carries through to refrigerator storage, to packing a cooler, to cooking and serving. Always keep raw meat, poultry and seafood, and any of their leaking juices away from already cooked, ready-to-eat foods and fresh produce.

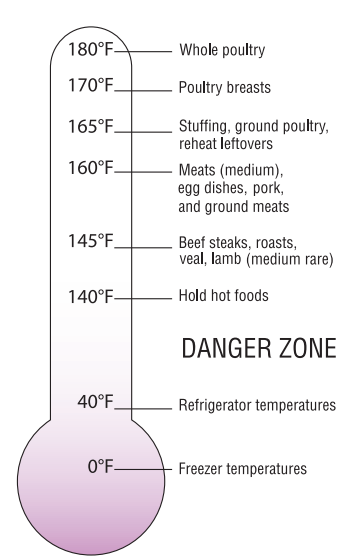
Before handling other foods, use soap and water to wash hands, utensils and cutting boards that have come into contact with raw meat, poultry and seafood. Never put cooked meats back on the same plate that held them raw. Always use a clean plate. If raw meats, poultry or seafood must share space in the same cooler as other foods, carefully pack each

of them in sealed, leak-proof containers.

Chill perishable foods promptly and thaw foods properly. Nothing provides a better environment for the quick growth of nasty, illness-causing germs than the thawing of foods on the kitchen counter at room temperature. Don't do it! Thaw foods in the refrigerator, allowing 24 hours for each five pounds of frozen food to be thawed. For quick thawing, submerge foods wrapped in airtight packaging in cold water, changing the water every 30 minutes. Thaw foods in the microwave only if you'll be cooking them immediately.

Refrigerate perishable foods immediately upon returning home from the commissary, placing raw meat, poultry and seafood on the bottom shelf to eliminate the possibility of accidental drips that can contaminate other foods.

Cook it safe-test the temperature. If you're not in the habit of using a meat thermometer to verify that everyday items like hamburgers, pork chops or chicken breasts have reached a safe internal temperature, please, do yourself and your family a favor by changing that bad habit. Even though the accepted advice used to be "cook ground beef patties until the center is no longer pink," judging when food is done based



on color alone has proven to be unreliable. A recent U.S. Department of Agriculture study found that one out of every four hamburgers turns brown in the center before it reaches a safe internal temperature. If you're a fan of rare hamburgers, be aware that you are taking a calculated risk every time you eat one.

Why is it okay to eat a medium rare steak, but not a medium rare hamburger? Harmful bacteria typically reside on the surface of a whole piece of meat like a steak. The high temperature and amount

of time required to brown the steak's exterior will kill the surface bacteria and sufficiently warm the center to a safe level. With ground meats, surface bacteria get dispersed throughout the product in grinding.

Check the accompanying chart for the safe internal temperature for steaks, roasts, poultry, ground meats and egg dishes. Then break out that meat thermometer and make temperature-taking a regular habit.

The Defense Commissary Agency operates a worldwide chain of commissaries providing groceries to military personnel, retirees and their families in a safe and secure shopping environment. Authorized patrons purchase items at cost plus a five-percent surcharge, which covers the cost of building new commissaries and modernizing existing ones.

Shoppers save an average of 30 percent or more on their purchases compared to commercial prices-savings worth about \$2,700 annually for a family of four. A core military family support element, and a valued part of military pay and benefits, commissaries contribute to family readiness, enhance the quality of life for America's military and their families, and help recruit and retain the best and brightest men and women to serve their country.

Hickam members get Articles 15

By Staff Sgt.
Malachi Carmichael
15th Airlift Wing Legal office

While punishments imposed for similar offenses may appear to vary from case-to-case, each case is decided based on a number of factors and on its own specific facts. Punishments vary, based on such factors as an offender's age, prior work and disciplinary record, financial condition, suitability for continued service and the level of severity of the particular offense committed.

To ensure fair administration of justice throughout the Hickam community, the legal office reviews all cases.

A first lieutenant from the 56th Information Warfare Flight violated a no contact

order and fraternized with an enlisted member in his unit. He was charged with one specification of failure to obey a lawful order, in violation of Article 92 of the Uniform Code of Military Justice and one specification of fraternization, in violation of Article 134, UCMJ. Punishment consisted of forfeiture of \$500 pay per month for two months and a reprimand.

A senior airman from the 15th Security Forces Squadron neglected to report to a mandatory appointment with her commander. She also allowed unauthorized access to government computers for a military dependent. She was charged with one specification of failure to go, in violation of Article 86, UCMJ and one specification of dereliction

of duty, in violation of Article 92, UCMJ. Punishment consisted of suspended reduction to airman first class, suspended forfeiture of \$382 pay, 14 days extra duty and a reprimand.

An airman first class from the 26th Air Intelligence Squadron was more than 35 minutes late for duty. He also sent an unauthorized e-mail to more than 8,000 addresses Air Force wide, crashing twelve e-mail servers. He was charged with one specification of failure to go, in violation of Article 86, UCMJ, and one specification of dereliction of duty in violation of Article 92, UCMJ. Punishment consisted of suspended reduction to airman, forfeiture of \$692 pay per month for one month and 15 days extra duty.

An airman first class from the 352nd Information Operations Squadron repeatedly failed to report for physical fitness and she left for lunch break about 30 minutes early and returned about 45 minutes late. She also lied and made up a story about her daughter being admitted to the Tripler Army Medical Center Emergency Room as an excuse for her repeated tardiness. She was charged with two specifications of failure to go and one specification of absence without leave, all in violation of Article 86, UCMJ. She was also charged with one specification of making a false official statement, in violation of Article 107, UCMJ. Punishment consisted of reduction to airman.

NEWS NOTES, From A1

7:15 a.m. to 2 p.m. at the family support center. Childcare is available and lunch is free. Call 449-0300 to register.

Dorm managers wanted – The 15th Civil Engineer Squadron is looking for highly motivated Air Force members in the grade of staff sergeant or above who are interested in being considered for dorm manager positions here. The posi-

tions are both challenging and rewarding. Packages should include the applicant's last five performance reports, three letters of recommendation and a resume. For more information, contact Dot Canfield at 448-2007.

Power outage – A power outage is scheduled for Thursday from 8 a.m. to noon in all of Onizuka Village on Apollo

Avenue, Mercury Street and Gemini Avenue. The outage is occurring for replacement of a high voltage switch gear.

Prior to the power outage, all stereos, microwaves, televisions, computers and privately-owned electronic equipment must be unplugged. For more information, contact Master Sgt. Thomas Yereance at 448-9244.



Shoplifting

A retired military member was detained by Army Air Force Exchange Service store detectives for shoplifting. Value: \$40

A military family member was detained by AAFES store detectives for shoplifting. Value: \$18

A military family member and their guest were detained by AAFES store detectives for shoplifting. Value: \$30

A military family member was detained by AAFES store detectives for shoplifting. Value: \$50

A military family member was detained by AAFES store detectives for shoplifting. Value: \$10

An unknown person fled the scene while being questioned by AAFES store detectives for shoplifting. The stolen merchandise was recovered in the yard of quarters in the housing area. Value: \$356

A military family member was detained by AAFES store detectives for shoplifting. Value: \$38

Underage consumption

A military family member was detained for attempting to jump the fence near Area 61; further investigation revealed the subject could not stand without assistance and had the odor of an alcoholic beverage emitting from his breath. The subject was administered a breathalyzer test, which he failed.

Driving under the influence

An Air Force member was stopped for an open bottle of beer while entering the main gate. The subject failed a standardized field sobriety maneuver.

Damage to government property

A civilian contractor notified security forces of damage to his government-owned vehicle when he hit a pole while backing.



Editor's Note: For complete stories and more information go to www.af.mil

Senate confirms Moseley as CSAF

SAN ANTONIO (AFPN) — The Senate has confirmed Gen. T. Michael Moseley as the next chief of staff of the Air Force. He is the current Air Force vice chief of staff.

General Moseley met with members of the Senate Armed Services Committee June 29 during his confirmation hearing. Following the approval of the committee, his nomination was forwarded to the full Senate which approved the nomination just before adjourning for the Fourth of July holiday.

During the hearing he said his priorities would be to further refine and improve joint warfighting skills, continue to strengthen the Air Force's greatest asset — its people — and to recapitalize the aging aircraft fleet to meet future warfighting needs.

General Moseley is a command pilot with more than 2,800 hours in the T-37 Tweet, T-38 Talon and F-15 Eagle. He is a graduate of Texas A&M University where he earned both a bachelor's and a master's degree in political science. Besides holding numerous operational assignments, he commanded U.S. Central Command Air Forces and served as Combined Forces Air Component commander for operations Southern Watch, Enduring Freedom and Iraqi Freedom.

AF recognizes historical name of Iraqi air base

ALI BASE, Iraq (AFPN) — What's in a name? In the case of Ali Base, years of history.

Ali Base, situated near the city of An Nasiriyah, in south central Iraq, is the main airfield in southern Iraq from which Iraqi, coalition and U.S. Airmen operate. Until January, coalition forces called the base Tallil. Now, all use the legacy name: Ali Base.

"Our Iraqi partners have always referred to this installation as Ali Base," said Col. Dennis Diggett, former 407th Air Expeditionary Group commander here.

"It appears that sometime after Operation Desert Storm in the early 1990s, Ali Base was incorrectly labeled 'Tallil' on Department of Defense maps," said Lt. Gen. Walter E. Buchanan III, U.S. Central Command Air Forces commander. "It's a bit of a mystery. We don't know why that was done."

The discrepancy came to light in January at a joint ceremony where Iraqi and coalition forces stood up the 23rd Squadron, the new Iraqi air force's C-130 Hercules unit here.

"As part of the 23rd Squadron activation ceremony, Maj. Gen. Kamal Abdul Satar Al-Barazench, chief of staff of the Iraqi air force, unveiled a new sign: Ali Base. We learned then that

the base had always been Ali," General Buchanan said. "In fact, we learned that General Kamal himself had even been the Ali Base commander during part of the Iran-Iraq War." (Story by Capt. David Small, U.S. Central Command Air Forces Forward Public Affairs)

Andrews Airman helps save people

ANDREWS AIR FORCE BASE, Md. (AFPN) — An Airman with the 89th Airlift Wing's dental squadron here helped rescue a father and son involved in a recent accident in nearby Waldorf.

Master Sgt. David Klink, the squadron's superintendent,

was waiting in his vehicle at a stoplight at a T-intersection when he witnessed a truck barreling through the intersection on two tires after its brakes failed. The truck crashed into two buildings and landed on its driver's side.

Sergeant Klink drove to the accident site where he and his friend were the first people on scene to help. The truck was still running and there was diesel fuel and white steam coming out of it.

"We looked in the tinted window of the truck and saw someone move," Sergeant Klink said. "My friend boosted me up and I dropped in through the passenger window. Just as we were about to get out of the truck, we heard

a kid start crying."

When the truck crashed, the boy flew out of the seat because he was not in a child seat, fire department officials later told Sergeant Klink.

"(The boy) was all the way in the back under tarps and toys and things," Sergeant Klink said. "There was no way we could see him, but we could hear him scream. The dad was coming to, so the dad and I started to look for the boy. The dad was not all the way with it yet, so the dad handed him to me. I know from experience that his neck could be hurt, so I supported him on my chest." (Story by Senior Airman Adrienne L. Wilson, 89th Airlift Wing Public Affairs)



Photo by Staff Sgt. Joshua Strang

Bugging out

EIELSON AIR FORCE BASE, Alaska — Tech. Sgt. Richard Hartke inspects a jar of bedbugs here June 28. The 354th Civil Engineer Squadron's pest management section Airmen use biological, mechanical and cultural methods to deter and catch pests around base.

Child Care Providers must attend briefing

A pre-licensing briefing for prospective child care providers is held the first Thursday of each month from 5 to 6 p.m. at the Family Child Care office located adjacent to the auto resale lot in Bldg. 2116. The next briefing will be held Thursday.

Applicants must be base residents, 18 years old, a high school graduate, able to read and write English and pass a National Security check. Call the Family Child Care office at 449-1879 for more information. All people caring for other families' children for a total of 10 hours or more per week must attend this briefing and get a license.

First Friday tonight at Officers' Club

The Hickam Officers' Club First Friday event "All American Celebration" will be tonight and features music by DJ-G Man from 7 to 10 p.m., the Pau Hana Party and the Wine Tasting event at 5:30 p.m. Come out and enjoy a night of celebra-

tion. For more information, call 448-4608, ext. 11.

Youth coaches needed

Youth sports has a need for youth softball and baseball programs in all age categories. "Volunteers are critical to the success of these programs," said Master Sgt. Ricky Woods, NCOIC of fitness and sports center operations.

Interested volunteers should contact B.J. Bentley at the youth sports office at 448-4492 or 448-6611.

X-Box team challenge

Active-duty members are encouraged to enter the Oahu Military X-Box Team Challenge. Air Force teams will go four-on-four against each other and then onto the finals competing against the Navy, Marines and Army.

This year's game is Halo 2. A Hickam tournament will be held at the enlisted club in July and the finals will be held at Pearl Harbor in August. For more information, call the community center at 449-2361.



Go for a spin

The Hickam Fitness and Sports Center offers spinning classes every Monday and Wednesday at 5:30 a.m. and Tuesday and Thursday at 5:15 p.m. at the center. Join the fitness staff for an intense workout guaranteed to get attendees in great shape and improve their run time.

Spinners should bring a towel and water. First timers should arrive 10 minutes early for bike setup. For more information, call the fitness center at 449-1044.

Free summer bowling for Hickam youth

Hickam youth ages 5 to 18 can bowl free just for submitting an essay or drawing on the subject, "Say no to drugs, say yes

to bowling." Participants will receive a free Youth Summer Special Pass, which is valid from Monday through Sept. 16. The pass is valid for three games. For more information, call the bowling center at 449-2702.

Hike to the falls with outdoor recreation

The outdoor recreation staff will host this novice short hike to Kailua Mau-nawili Falls July 17 from 9 a.m. to 3 p.m. From the ridge, hikers can see the Koolau mountain range and Kaneohe Bay. At the end of the hike is the lovely falls cascading into a swimming hole.

Be sure to bring a swimsuit, towel, shoes, water, lunch and sunscreen. The trip departs from the Hickam Harbor

office. Cost is \$20 per person.

Club hosts casino night

Enjoy daily specials for the second anniversary of the Hickam Enlisted Club from July 18-24. Club members receive an additional \$1 off the lunch buffet (Wed.-Fri.). During the social hour, free pupus will be available to Club members (Mon.-Fri.) and members ordering meals at JR. Rockers, will receive free sodas (Mon.-Thu.).



Summer fair, show sign up

Registration will open July 16 at the arts and crafts center and the auto hobby center for the second annual summer craft fair and auto show. Crafters may reserve a booth at the fair at the arts and crafts center while car

enthusiasts wishing to enter the car show competition may do so at the auto center. Civilian crafters without base access must register by mail. Applications are available by calling Natalie at 449-1568, ext. 101 or email Natalie.keaney@hickam.af.mil. Car show categories include stock, modified, best interior, best paint and best engine compartment. Prizes will be awarded. The events will take place Aug. 6 at the arts and crafts center on Kuntz Ave. For more information, call 449-1568.

Walk-in clinic July 16

The monthly walk-in pet clinic will be held at the Hickam Veterinary Clinic July 16 from 8 a.m. to noon. Services available include annual exams, nail trimming, routine vaccinations, fecal testing, canine heartworm testing and microchip implantation. No sick calls. No appointment necessary. For more information, call the clinic at 449-6481.

AEG, From A3

in connecting the AEG to the outside world. A permanent party section assigned to a Pacific Air Forces unit provides continuity, equipment management and compliance with headquarters directives. In addition, a contractor operation manages all the communications in and out of the area, to include all the main lines and Internet Café firewall.

Still, there are challenges. Two of the biggest they are currently working to resolve concern too much customer access to the help desk and no workgroup manager buffer.

“Typically, customers at home station aren’t going to go

straight to the help desk,” Sergeant Szczygiel said. “WGMs provide a more accessible layer for service since they’re typically closer to the users, and they can solve most issues without needing our intervention. In addition, people tend to expect immediate service when they walk right up the help desk, regard-

less of the task we’re working on at that moment.”

Both Airmen agree they are lucky to be part of the team that is currently in place, regardless of the seemingly combined inexperience. Don’t be fooled by youthfulness and rank. Individually, they each have a project or accomplishment of which they are proud since

being deployed here. Collectively, they agree on one.

“We supported a European Command morale initiative to establish a video teleconference with a deployed member here and his graduating senior and his family in England,” Airman Hopson said. “We had two days to make it happen, and no initial idea of how. As a

team, we brainstormed every conceivable option and ultimately were able to accomplish what no other Air Force communication team had done here before.

“That was an awesome feeling knowing how much what we were able to do meant to that family.”

If even one person matters

so much to the committed group of communications technicians, imagine the commitment to the mission at hand—fly, fight, win.

“We hope to leave the network and this location with enhanced management and to provide a seamless transition for the next rotation,” Airman Hopson said.

OAY, From A1

mand’s Outstanding Airman in Contracting award for fiscal year 2002.

Moving on to Hickam, Sergeant Tamayo managed contracts typically handled by senior NCOs, ensured contracts worth millions of dollars were handled properly, and also developed unit contingency kits that seven officers used and found 100 percent effective. Upon graduating Airman Leadership School, he took home the Levitow award.

In his free time at Hickam, he leads Hickam’s Men’s Varsity Soccer team as their captain, and brought home the Hawaii Armed Services tournament championship in 2004. He also volunteers as a Big Brother, as well as leading deliveries of Meals on Wheels lunches to the elderly.

In 2004, Sergeant Tamayo also earned Pacific Air Forces Contracting Airman of the Year, Hickam Airman of the Year, and numerous quarterly awards.

What’s next? Sergeant Tamayo said education opportunities are what called him to the Air Force; however, he now has his sights set on making the rank of chief master sergeant. “I have a sense of pride of being in the Air Force and, if I make chief, I’ll be able to make a bigger impact.”

ATTIC, From A1

manent volunteers; leaving us with one in August,” she said. “If we do not get the volunteers, we will have to reduce the hours and days we are open. As many as 100 family members and active duty use the facility on a weekly basis. It’s very important and rewarding for volunteers to come and assist the attic.

“Volunteers are what make the attic,” stated the sergeant. “We can not make it without them; this facility runs from volunteers.”

The Hickam Airman’s Attic is available for shopping for E-5 and below Tuesdays and Thursdays 10 a.m. to 1 p.m. It is open to all enlisted the first Tuesday of each month from 10 a.m. to 1 p.m.

Gates are open from 7 a.m. to 8 p.m. seven days a week for donations. Items may be left in the shed outside the attic. If they do not fit in the shed, leave them under the awning. If a receipt is needed for larger or newer items, people should come during shopping hours or arrange an appointment with the manager by calling 449-5677.